

STONY MEDICAL CENTRE PATIENT PARTICIPATION GROUP

Minutes of PPG meeting held on 26 February 2018 at 10.15am

Present: Angela Turner, Crad Allerton, Daphne Jones, Judith Williams (Business Manager), Sue Graham, Sylvia Waddington, Philip Prescott

1.0 Apologies: Gillian Thompson, Joan Crossan

2.0 Minutes of last meeting

It was agreed to publish the minutes of the last meeting on the website.

Healthwatch - CA advised that he will attend the “new” congress/patient group that CCG/Healthwatch have circulated information about. The first meeting is to be held on 7 March and it is the hope/intention of the group that each subsequent meeting will have representation from Healthwatch, 1 GP and one patient rep from at least 9 practices.

Flu Vaccinations - The quadrivalent vaccination was given at this practice this year. This will continue to be available in 2018/19 for the under 65's and at risks however Public Health advice is that a new vax (trivalent) is made available to all over 65's. this vaccination has been ordered ready for our patients next autumn.

3.0 Compassion in the workplace -

4.0 Cluster Update - JW confirmed to all Stony are progressing with our clustering with Watling Vale Medical Centre as mentioned previously.

Details about the STP, CCG and Clustering were included in the last newsletter which some found helpful.

5.0 Macmillan Information Centre – Samantha Timmins, specialist nurse from Macmillan Information Centre talked about services available to patients and key points are summarised below:

- Referring very easy – a quick phone call or email to Samantha from the GP or the patient themselves is all that is required.
- Macmillan Information Centre supports people with, or affected by Cancer. Service offers support long after treatment has ended (someone recently made contact 5 years down the line for support).
- A Macmillan grant of up to £500 is available for couple with less than £8k savings, or single person with less than £6k of savings. The grant is available to support patients with an urgent need e.g.: washing machine broken, struggling with transport costs, or needs short break. Applications are made by Samantha. GPs in the practice are now aware of this grant and will consider advising patients where appropriate.
- A new build cancer centre is in the pipeline within the grounds of MKHFT aiming to be opened late 2019. The centre is a joint venture between MKHFT and Macmillan. The new cancer centre will continue to provide treatment, but patients with certain cancers will still need to travel to Oxford for treatment even after it opens. Hoping to have beds within the centre available to patients struggling with side effects meaning they can bypass A&E.
- Macmillan/MKHFT team includes dietician, psychologist, physio and now an admin person as well as Samantha and her nurse colleague Fay.
- Samantha advised the group about some of the many support groups she has links with and would be able to connect patients/carers with.
- Macmillan HOPE – this is a course designed to assist and supporting people living with and beyond cancer. Although the course is somewhat scripted to ensure it covers all topics the fallout from the course

is often informal relationships and informal support networks created by participants. The course runs for 2.5hrs pw over 6 weeks and covers a variety of subjects including managing with fatigue, healthy eating, exercise, mindfulness and goal setting.

Meetings for 2018:

All to start at 10.15

9th April

21st May

2nd July

13th August

10th September

22nd October

3rd December